

# Tri Area Community Center

## JUNE 2025 Senior Nutrition Menu

**Meal service begins at 4:00 pm    Call 360-390-4013    24 hours in advance for reservations**

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Green Salad Meatloaf Mashed Potato Gravy Green Beans Fruit Dessert	Three Bean Salad Smothered Chicken w/Rice Peas Apple Roll Dessert	Applesauce Pork Stuffing Gravy Peas Fruit Cup Dessert	CLOSED	Green Salad Lasagna Garlic Bread Broccoli Fruit Dessert
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Pea Salad Chicago-Style Beef Dogs Potato Chips Coleslaw Fruit Cup Dessert	Green Salad Chicken Alfredo Broccoli Garlic Bread Fruit Dessert	Green Salad Beef Chili Cornbread Grapes Dessert	CLOSED	Green Salad Chicken Salad Sandwich Potato Salad Oranges Dessert
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Green Salad Cheeseburger Sweet Potato Fries Corn Fruit Dessert	Cottage Cheese w/Fruit Chicken Fried Steak Mashed Potato Country Gravy Corn Fruit/Dessert	Coleslaw Taco Salad Chips and Salsa Pineapple Dessert	CLOSED	Chef's Salad Chicken Noodle Soup Cheddar Biscuit Melon Dessert
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Green Salad Pulled Pork Sandwich Mashed Potato Mixed Veg Fruit/Dessert	Coleslaw Enchilada Spanish Rice Refried Beans Corn Fruit Dessert	Pea Salad Salisbury Steak Mashed Potato Green Beans Orange Dessert	CLOSED	Green Salad Ham Au Gratin Potato Peas Fruit Dessert
Monday 30	Tuesday	Wednesday	Thursday	Friday
Coleslaw Baked Fish Rice Pilaf Peas Grapes Dessert				

**Menu Subject to change without notice.** Reservations required 24 hours in advance of meal.  
 Meals are provided for a suggested voluntary donation of \$3.00 per meal (Age 60 and over)  
 Guest charge is \$8.00

Whole Wheat Bread and Milk or Milk Alternative offered daily

