

Tri Area Community Center

MAY 2025 Senior Nutrition Menu

Meal service begins at 4:00 pm Call 360-390-4013 24 hours in advance for reservations

Monday	Tuesday	Wednesday	Thursday 1	Friday 2
			CLOSED	Applesauce Meatloaf Mashed Potato Green Beans Rolls Orange/Dessert
Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Pea Salad Creamed Chicken over Biscuit Green Beans Fruit Dessert	Green Salad Sloppy Joes Mashed Potato Corn Fruit Dessert	Coleslaw Tuna Casserole w/Macaroni Noodles Peas Rolls Fruit/Dessert	CLOSED	Caesar Salad Spaghetti w/Meat Sauce Mixed Veg Garlic Bread Fruit/Dessert
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Three Bean Salad Ham Macaroni and Cheese Peas Fruit/Dessert	Green Salad Swedish Meatballs Egg Noodles Green Beans Fruit Dessert	Caesar Salad Cheese Ravioli w/Marinara Sauce Broccoli Fruit Dessert	CLOSED	Yogurt and Berries Egg and Sausage Bake Roasted Red Potato Rolls Fruit Dessert
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Applesauce Turkey Stuffing Gravy Green Beans Fruit/Dessert	Coleslaw Chicken Burger w/Fixings Potato Salad Corn Fruit/Dessert	Chef's Salad Clam Chowder Grapes Garlic Bread Dessert	CLOSED	Pea Salad Grilled Liver & Onions Mashed Potatoes Steamed Peas Orange & Dessert
Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
CLOSED FOR MEMORIAL DAY	Coleslaw Baked Fish Rice Pilaf w/Tartar Sauce Peas Dessert	Cottage Cheese w/Fruit Beef Stroganoff Egg Noodles Green Beans Pineapple Dessert	CLOSED	Green Salad Polish Sausage w/Sauerkraut Carrot Rolls Fruit Dessert

Menu Subject to change without notice. Reservations required 24 hours in advance of meal.
 Meals are provided for a suggested voluntary donation of \$3.00 per meal (Age 60 and over)
 Guest charge is \$8.00