

Tri Area Community Center

APRIL 2025 Senior Nutrition Menu

Meal service begins at 4:00 pm Call 360-390-4013 24 hours in advance for reservations

Monday	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
	Applesauce Baked Ham Au Gratin Potato Peas Roll Oranges Dessert	Coleslaw Enchiladas Spanish Rice Corn Pineapple Dessert	CLOSED	Coleslaw Baked Fish w/ Tartar Sauce Rice Pilaf Peas Oranges/Dessert
Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Green Salad Turkey Stuffing Green Beans Fruit Dessert	Coleslaw BBQ Pork Sandwich Mashed Potato Peas Fruit Dessert	Chef's Salad Split Pea Soup w/ Ham Garlic Bread Grapes Dessert	CLOSED	Caesar Salad Chicken Alfredo Garlic Bread Mixed Veggies Melon Dessert
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Pea Salad Salisbury Steak Mashed Potatoes Green Beans Apple Dessert	Green Salad Chicken Burger w/Fixings Macaroni Salad Orange Dessert	Cobb Salad Kielbasa w/Sauerkraut Mashed Potato Peas Fruit/Dessert	CLOSED	Green Salad Lasagna Green Beans Garlic Bread Fruit Cup Dessert
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Cottage Cheese w/Fruit Beef Chili Cornbread Orange Dessert	Applesauce Chicken Ala King Over Biscuit Carrot Fruit Dessert	Green Salad French Dip w/Au Jus Potato Salad Grapes Dessert	CLOSED	Green Salad Chicken Fried Steak Mashed Potatoes Peas Orange Dessert
Monday 28	Tuesday 29	Wednesday 30	Thursday	Friday
Chef's Salad Chicken Tenders Baked Fries Corn Fruit Dessert	Pea Salad Pork Roast Mashed Potato Gravy Green Beans Fruit/Dessert	Coleslaw Taco Salad Chips and Salsa Pineapple Dessert		

Menu Subject to change without notice. Reservations required 24 hours in advance of meal.
Meals are provided for a suggested voluntary donation of \$3.00 per meal (Age 60 and over)
Guest charge is \$8.00

Whole Wheat Bread and Milk or Milk Alternative offered daily

