



## Tri Area Community Center

### DECEMBER 2024 Senior Nutrition Menu

**Meal service begins at 4:00 pm Call 360-390-4013 24 hours in advance for reservations**

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
3 Bean Salad Tuna Casserole w/Egg Noodles Corn Orange Dessert	Cottage Cheese w/Fruit Chicken Fried Steak Mashed Potatoes Peas Fruit Dessert	Green Salad Beef Chili Cornbread Grapes Dessert	CLOSED	Coleslaw Chicken Burger w/Fixings Potato Salad Corn Fruit/Dessert
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Applesauce Chicken Ala King Over Biscuit Peas Orange Dessert	Caesar Salad Pork Roast Mashed Potato Gravy Green Beans Fruit/Dessert	Caesar Salad Shrimp Alfredo Peas Garlic Bread Orange Dessert	CLOSED	Green Salad Liver & Onions Mashed Potatoes Green Beans Fruit Dessert
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Pea Salad Spaghetti w/Meat Sauce Green Beans Apple Dessert	Coleslaw Taco Salad w/Tortilla Chips Salsa & Sour Cream Orange Dessert	Caesar Salad Baked Fish Rice Pilaf Mixed Veg Grapes Dessert	CLOSED	Chef's Salad Split Pea Soup w/Ham Cheddar Biscuit Melon Dessert
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
No Dinner	CLOSED	No Dinner  Merry Christmas  For the community Christmas dinner Call (360) 379-4228	CLOSED	No Dinner
Monday 30	Tuesday 31	Wednesday	Thursday	Friday
No Dinner	No Dinner			

**Menu Subject to change without notice.** Reservations required 24 hours in advance of meal. Meals are provided for a suggested voluntary donation of \$3.00 per meal (Age 60 and over) Guest charge is \$8.00

Whole Wheat Bread and Milk or Milk Alternative offered daily

