



OlyCAP

Tri Area Community Center

July 2026 Menu

Meal service begins at 4:00 pm Call 360-390-4013 24 hours in advance for reservations

		Wednesday 1	Thursday 2	Friday 3
		Together Around Food	Together Around Food	Together Around Food
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Applesauce Chicken Fried Steak Mashed Potato Gravy Corn Dessert	Green Salad Spaghetti Garlic Bread Green Beans Dessert	Cottage Cheese with Fruit Chicken Ala king Over Biscuit Green Beans Dessert	No Dinner	Green Salad Swedish Meatballs Mashed Potato Peas Dessert
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Chef's Salad Minestrone Soup Garlic Bread Oranges Dessert	Yogurt with Berries Sausage-Potato Bake Cantaloupe Rolls Dessert	Green Salad Sloppy Joes Mashed Potato Corn Dessert	No Dinner	Coleslaw Chicken Burger w/Fixings Potato Chips Watermelon Dessert
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Chef's Salad Beef Chili Cornbread Watermelon Dessert	Green Salad Herb Baked Chicken Rice Pilaf Peas Dessert	Cottage Cheese with Fruit Salisbury Steak Mashed Potato Green Beans Dessert	No Dinner	Applesauce Pork Stuffing Gravy Peas Dessert
Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Applesauce Cheeseburger Pie Green Beans Orange Dessert	Green Salad Chicken Tetrazzini Rolls Oranges Dessert	Yogurt with Berries Turkey Stuffing Gravy Corn Dessert	No Dinner	Coleslaw Baked Fish Rice Pilaf Corn Dessert

Menu Subject to change without notice. Reservations are required 24 hours in advance of meal. Meals are provided for a suggested voluntary donation of \$3.00 per meal